



CDC Face Covering Advice

Description

By [Cheryl Dowden](#), April 4, 2020

Due to the COVID-19 pandemic, **The Center for Disease Control (CDC)** advises the public to **maintain a 6-foot distance between people.**

CDC also recommends use of cloth face coverings

Additionally, they are now advising “the use of simple cloth face coverings to slow the spread of the virus and help people who may have the virus and do not know it from transmitting it to others. Cloth face coverings fashioned from household items or made at home from common materials at low cost can be used as an additional, voluntary public health measure.”

Surgical Masks and N-95 Respirators Must be Reserved for Healthcare Workers

“The cloth face coverings recommended are not surgical masks or N-95 respirators. Those are critical supplies that must continue to be reserved for healthcare workers and other medical first responders, as recommended by current CDC guidance.”

“This recommendation complements and does not replace the **President’s Coronavirus Guidelines for America, 30 Days to Slow the Spread**, which remains the cornerstone of our national effort to slow the spread of the coronavirus.”

Click here to read the full CDC recommendation regarding face coverings.

No sew masks

Some people prefer sewn masks, while other folks are using a simple, non-sewn mask. Surgeon General, Dr. Jerome Adams, shares ways to create your own face-covering in a few easy steps in the video below. (No sewing required)

[How to make your own face-covering](#)

[embedyt] <https://www.youtube.com/watch?v=tPx1yqvJgf4>[/embedyt]

Sewn masks

For those desiring sewn masks, these may be ordered from the following folks. Please call to request details:

- Hot Springy Dingy – (501) 623-2849 “I am taking orders but don’t come until I text or call you that your order is ready. We will stay at it until EVERYONE has as many masks as they feel they need. We are selling them at our cost of \$2.00 each as a gift to our community. We are also happy to ship.”
- Linda Kemp (501) 226-0073 – Leave a message. Do not text as this is a landline.
- Linda Van Scotter (501) 209-0830 – Call or text.
- [Lorri Street \(We the People\)](#) – email contact: streetbiken@att.net Lorri is working with Patti McDonald. They have the materials to make the masks but need more help with the sewing. Lorri will distribute these masks from her home. If you are interested in helping Lorri and Patti sew masks or would like one of their masks, please contact Lorri.

A flock of angels has banded together in The Village to make masks for medical personnel in the local area. Ironically, the flock started with Colleen Angel. Yes, that is her last name.

Currently an order for NPMC is being sewn. However, help is needed for some critical supplies. Specifically, non-woven fusible interfacing as well as 1/8” or 1/4” elastic.

Angel Masks (Colleen Angel) – cjangel@hotmail.com. Alternate contact is Vikki Powell – vpowellokc@gmail.com. As of today, just over 800 masks have been cut, ironed and sewn together by those willing to assist. So far the masks have been distributed to the Chi St. Vincent clinics in The Village, the hospital in Hot Springs, Chi Home Health providers and nurse practitioners. Some masks were also provided to local law enforcement personnel. Best of all these masks are all free. Materials for the masks were donated and those that could donated funds to acquire additional materials. If you have any interfacing or elastic to donate, please email Colleen Angel at cjangel@hotmail.com. Or you can drop the items off on the front porch at 430 Maderas Drive.

Thank you to everyone helping make masks!

We would like to thank these folks for stepping up and sewing these masks. If anyone else would like

to be added to this list of mask makers, please contact Cheryl at pennywisebuys@gmail.com. and your name will be added to this article.

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10. no sew masks
11. sewn masks

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